



Anurag Rehabilitation Centre

one & only exclusive Rehabilitation Hospital in A.P.
Centre for Orthopedic & Neurological Rehabilitation

#1-2-365/36/4/3, Ramakrishna Math Road, Opp. Indira Park, Hyderabad-500 029.

Services Provided

- ◆ In patient rehabilitation facility
- ◆ Physiotherapy services
- ◆ Occupational therapy services
- ◆ Speech therapy
- ◆ Prosthetic & Orthotic services
- ◆ Exclusive surgical store

Ideal Place for Management of

- ◆ Stroke (Hemiplegia)
- ◆ Cerebral Palsy
- ◆ Spinal Cord Injury (Paraplegia)
- ◆ Traumatic Brain Injury
- ◆ Diabetic Foot
- ◆ Amputations
- ◆ Neuromuscular Disorders
- ◆ Musculoskeletal Pains & Deformities
(Including Neck Pain, Back Pain and knee Pain)



Anurag Rehabilitation Centre

one & only exclusive Rehabilitation Hospital in A.P.
Centre for Orthopedic & Neurological Rehabilitation

#1-2-365/36/4/3, Ramakrishna Math Road, Opp. Indira Park, Hyderabad-500 029.

www.anuragrehabilitation.com

Ph : 040-27634920, 661 06558, 645991 59

Dr. E. Rajendra Kumar

M.B;B.S, D.Ortho, DNB (CMC Vellore)
Rehabilitation Specialist & Orthopedic Surgeon
Former Assistant Professor NIMS
Cell: 9247342832

Dr. Rama

M.D. (Ped.), D.C.H.
Consultant Pediatrician
& Neonatologist
Cell: 9246591 755

Introduction

Anurag Rehabilitation Centre is an Exclusive Rehabilitation centre, the first and one of its kind in Andhra Pradesh. It aims to provide comprehensive rehabilitation care on outpatient as well as in-patient basis.

Located in Lower Tank Bund area of Central Hyderabad, opposite the sprawling greenery of Indira Park, being on the main road, it is easily accessible.

Its spacious interiors, polite and courteous hospitality of the staff, privacy to the patients during therapy, excellent patient care and family satisfaction. With the results are making it a successful rehabilitation centre.

The excellent team of care providers is guided by Dr. E. Rajendra Kumar, Physiatrist & Orthopedic Surgeon who is the director of Anurag Rehabilitation Centre. He is a qualified & experienced Physiatrist from CMC Vellore, which has one of the finest & biggest PMR departments in India.

With special emphasis on neurological & orthopedic rehabilitation it is an ideal place for the management of

- Stroke (Hemiplegia)
- Cerebral Palsy
- Spinal cord injury (Paraplegia)
- Traumatic Brain Injury
- Amputations
- Neuromuscular Disorders
- Musculo Skeletal Pains & Deformities

Our special interest is for Diabetic foot & Cardiac rehabilitation



Rehabilitation in specific conditions

Rehabilitation in Stroke: Stroke is one of the most commonest neurological impairment in elderly people. Common risk factors for stroke are Smoking, Hypertension, Diabetes & sedentary life style. Immediately after neurological stabilization patient needs rehabilitation procedures include constraint induced movement therapy, functional electrical stimulation, suspension therapy & weight bearing on affected limb.

Rehabilitation in Spinal cord injury: Spinal cord injury is one of the most devastating injury which affects patient life. These people have mobility impairment, pressure ulcers, bladder & bowel disturbances. Rehabilitation includes prevention of abuse of rest, care of skin, care of posture & locomotor system, stabilization of spine, ambulation, bladder & bowel rehabilitation.

Rehabilitation in cerebral palsy: Cerebral palsy is the most common neurological impairment in children. Most disabling aspect in cerebral palsy is spasticity. Spasticity can be controlled by physical methods, 6% phenol blocks, Botulinum toxin motor points blocks, serial casting, soft tissue release, selective motor fasciculotomy. The above procedures are regularly practiced in our centre.

Rehabilitation in Traumatic brain injury sequelae: Special emphasis on ambulation training, swallowing training, speech management, cognitive rehabilitation & tracheostomy care.

Rehabilitation in musculoskeletal disorders: Neck pain, low back pain, knee pain & shoulder pain are most disabling aspects in musculoskeletal disorders. Physical methods to treat above conditions include manual mobilization & strengthening exercises, Traction, short wave diathermy, ultrasound therapy, TENS, wax therapy and Interferential therapy.

